



# Cross Country

# MEDIA RELATIONS

Mid-Continent Conference Media Relations

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## Last Week's Results

### MEN

Date	School/Event	Distance	Finish	Top Finisher (Place/Time)
Sept. 11	Centenary at Pine Hills Twilight Invitational (ULM)	4 Miles	3rd/3	Ricky Thomas (13th/27:22)
Sept. 11	Chicago State at Ted Hedstrand/North Park Invitational(Chicago, Ill.)	8K	4th/6	Guillaume Kellogg (6th/28:17)
Sept. 10	IUPUI at 2004 Bradley Invitational (Peoria, Il.)	8K	2nd/7	Brad Wheeler (7th/25:08)
Sept. 11	UMKC at Kansas State Invitational (Topeka Kan.)	8K	6th/8	Andy Koziatek (22nd/26:54)
Sept. 11	Oakland at Running-Fit Detroit Titan Invitational (Northville, Mich.)	4 Mile	4th/5	Chris Fecek (33rd, 22:01)
Sept. 11	Southern Utah at UC Irvine Invitational (Huntington Beach, Cal.)	8K	3rd/12	Jess Baumgartner (3rd/25:37)
Sept. 10	Valparaiso Crusader Invitational	8K	4th/4	Adam Piskowky (9th/26:42)

### WOMEN

Date	School/Event	Distance	Finish	Top Finisher (Place/Time)
Sept. 11	Centenary at Pine Hills Twilight Invitational (ULM)	2 Miles	2nd/2	Holly Richardson (1st/13:11)
Sept. 11	Chicago State at Ted Hedstrand/North Park Invitational(Chicago, Ill.)	5K	4th/5	Jessica Turner (17th/21:41)
Sept. 10	IUPUI at 2004 Bradley Invitational (Peoria, Il.)	5K	7th/7	Erin Vickery-Swalley (16th/18:55)
Sept. 11	UMKC at Kansas State Invitational (Topeka Kan.)	6K	5th/8	Christine Ensign (9th/22:59)
Sept. 11	Oakland at Running-Fit Detroit Titan Invitational (Northville, Mich.)	5K	8th/10	Dayna Cline (12th/19:28)
Sept. 11	Southern Utah UC Irvine Invitational (Huntington Beach, Cal.)	5K	4th/14	Alisha Bezanson (3rd/18:39)
Sept. 10	Valparaiso Crusader Invitational	6K	4th/6	Rachael Button (11/23:40)

## This Week's Schedule

### Monday, September 13

Centenary at Lumberjack Opener; Nacogdoches, Texas

### Friday, September 17

IUPUI at Indiana Intercollegiates; West Lafayette, Ind.  
 Oakland at Spartan Invitational; East Lansing, Mich.  
 Valparaiso at Indiana Intercollegiates; West Lafayette, Ind.  
 Western Illinois at Panther Invitational; Charleston, Ill.

### Saturday, September 18

Chicago State at Midwest Collegiate Invitational; Kenosha, Wis.  
 UMKC at Missouri Southern Stampede; Joplin, Mo.  
 Oral Roberts at Missouri Southern Stampede; Joplin, Mo.  
 Southern Utah at Aztec Invitational; San Diego, Calif.



## Mid-Con Athletes of the Week

No photo available

### MEN

**Brad Wheeler, IUPUI**  
**Fr. Franklin, Ind./Franklin HS**

Wheeler pulled out the best 8K race of the season in the Mid Con, as the freshman finished in 25:08 at the Bradley Invitational. Wheeler's time was good enough for a 7th place individual finish, while it helped propel the Jaguars team to a 2<sup>nd</sup> place finish.

(Also Nominated - Ricky Thomas, Guillaume Kellogg, Andy Koziatek, Chris Fecek, Jess Baumgartner, Adam Piskowky)

### WOMEN

**Alisha Bezanson, Southern Utah**  
**Sr., Cedar City, Utah/Cedar HS**

The Southern Utah senior ran a time of 18:39 in the UC Irvine Invitational in Huntington Beach, California to take a team best 3<sup>rd</sup> place finish. Bezanson's time also helped the Thunderbirds team to a 4<sup>th</sup> place finish among the 14 teams competing.

(Also Nominated - Holly Richardson, Jessica Turner, Erin Vickery-Swalley, Christine Ensign, Dayna Cline, Rachael Button)

Previous Mid-Con Athletes of the Week: 9/7-Peter Christakos, WIU/ Sarah Swain, WIU

## Mid-Con Top Performers - MEN (8K)

Athlete, School	Time	Date-Event
Brad Wheeler, IUPUI	25:08	Sept. 11-Bradley Invitational
Jess Baumgartner, SUU	25:37	Sept. 11-UC Irvine Invitational
Adam Piskowky, Valpo	26:42	Sept. 11-Crusader Invitational
Andy Koziatek, UMKC	26:54	Sept. 11- Kansas State Invitational
Andy Koziatek, UMKC	27:35	Sept. 5-Bob Timmons Invitational
Guillaume Kellogg, Chicago State	28:17	Sept. 11-Ted Hedstrand Invitational
Shaun Smith, Oral Roberts	28:21	Sept. 5 Bob Timmons Invitational

## Mid-Con Top Performers - WOMEN (6K)

Athlete, School	Time	Date-Event
Christine Ensign, UMKC	22:59	Sept. 11- Kansas State Invitational
Rachael Button, Valpo	23:40	Sept. 11-Crusader Invitational

## Mid-Con Top Performers - WOMEN (5K)

Athlete, School	Time	Date-Event
Faithy Kamangila, ORU	17:59	Sept. 4- Bob Timmons Invitational
Alisha Bezanson, SUU	18:39	Sept. 11- UC Irvine Invitational
Erin Vickery-Swalley, IUPUI	18:55	Sept. 11- Bradley Invitational
Dayna Cline, OU	19:28	Sept. 11- Detroit Titan Invitational
Christine Ensign, UMKC	19:35	Sept. 4- Bob Timmons Invitational
Erin Vickery-Swalley, IUPUI	19:49	Sept. 4- Flyer 5K Challenge
Dayna Cline, OU	19:58	Sept. 4- Golden Grizzly Open
Jessica Turner, CSU	21:41	Sept. 11-Ted Hedstrand Invitational



# Mid-Con Men's Cross Country Team-by-Team Results

## CENTENARY

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 13	at Lumberjack Opener; Nacogdoches, Texas			
Sept. 25	at UALR Open; Little Rock, Ark.			
<b>Sept. 30</b>	<b>Red River Classic; Shreveport, La.</b>			
Oct. 4	at Northwestern State Invitational; Natchitoches, La.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			

## CHICAGO STATE

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at UIC Home Opener; Chicago, Ill.	4.1 Mile/40	4th/5	Gil Kellogg (25th/22:50), Wilson Koech (32nd/25:23), Gary Ward (38th/30:12) Delin Hill (39th/30:33), Travis Williams (40th/31:23)
Sept. 11	at Ted Hedstrand Invitational; Chicago, Ill.	8K/40	4th/6	Guillaume Kellogg (6th/28:17), Wilson Koech (10th/30:49), Stephon Latulas (34th/ 36:15), Travis Williams (37th/37:50), Delin Hill (38th/37:50)
Sept. 18	at Midwest Collegiate Invitational; Kenosha, Wis.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 8	at Eagle Cross Country Invitational; Lisle, Ill.			
Oct. 16	at UW-Parkside Invitational; Kenosha, Wis.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

## IUPUI

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Flyer 5K Challenge; Dayton, Ohio	5K/88	3rd/6	Ryan Hopper (6th/15:47), Brad Wheeler (7th/15:48), Matt Kinley (19th/16:12), Brandon Cole (21st/16:14), Matt McCarty (25th/16:17)
Sept. 10	at Bradley Open; Peoria, Ill.	8K/126	2nd/7	Brad Wheeler (7th/25:08), Ryan Hopper (11th/25:20), Rabah Rahil (14th, 25:32), Matt Kinley (20th/25:50), Brandon Cole (22nd/25:52)
Sept. 17	at Indiana Intercollegiate; West Lafayette, Ind.			
Sept. 25	at Cross Country-Only Championship; Edwardsville, Ill.			
Oct. 2	at Cardinal Classic; Louisville, Ky.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

## UMKC

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Bob Timmons Invitational; Lawrence, Kan.	8K/97	6th/9	Andy Koziatek (19th/27:35), Shaun Walker (34th/28:37), Patrick O'Neill (45th/ 31:06), Isaiah Boykins (46th/31:11), Stephen Proctor (50th/32:44)
Sept. 11	at Wildcat Invitational; Topeka, Kan.	8K/63	6th/8	Andy Koziatek (24th/26:54), Shaun Walker(45th/27:51), Patrick O'Neill(54th/ 29:33), Stephen Proctor(59th/31:21), Isaiah Boykins (60th/31:25)
Sept. 18	at Missouri Southern Stampede; Joplin, Mo.			
Sept. 25	at Miner Invitational; Rolla, Mo.			
Oct. 9	at Saluki Invitational; Carbondale, Ill.			
Oct. 16	at Chili Pepper Invitational; Fayetteville, Ark.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

## OAKLAND

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	Golden Grizzly Open; Rochester, Mich.	4 Mile/23	None	Luke Williams (2nd/21:10), Chris Fecek (5th/22:17), Tim Copacia (14th/23:10) Tim Rowland (20th/24:09), Joe Zick 21st/24:26)
Sept. 11	at Tommy Titan Invitational; Detroit, Mich.	4 Mile/115	4th/5	Chris Fecek (33rd, 22:01), Tim Copacia (57th/22:54), Tim Rowland (71st/24:01), Joe Zick (72nd/24:01), Luke Williams (85th/25:45)
Sept. 17	at Spartan Invitational; East Lansing, Mich.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 8	at Michigan Intercollegiate; Milford, Mich.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

## ORAL ROBERTS



## Mid-Con Men's Cross Country Team-by-Team Results

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Bob Timmons Invitational; Lawrence, Kan.	8K/97	8th/9	Shaun Smith (38th/28:21), James Wanjiku (53rd/29:22), Adrian Foster (60th/29:45), Jake Deviney (61st/29:48), Ernest Stranz (60th/36:39)
Sept. 18	at Missouri Southern Stampedge; Joplin, Mo.			
Oct. 2	at Cowboy Jamboree; Stillwater, Okla.			
<b>Oct. 9</b>	<b>Oklahoma Classic; Tulsa, Okla.</b>			
Oct. 16	at Chili Pepper Invitational; Fayetteville, Ark.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

### SOUTHERN UTAH

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 11	at UC Irvine Invitational; Huntington Beach, Calif.	8K/50	3rd/12	Jess Baumgartner (3rd/25:37), Kevin Sandall (5th/25:51), Shaun Vernon (19th, 26:28), Brad Parker (22nd/26:37), Chad Sanada (23rd/26:37)
Sept. 18	at Aztec Invitational; San Diego, Calif.			
Sept. 25	at Roy Griak Invitational; Minneapolis, Minn.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
<b>Oct. 16</b>	<b>SUU/Color Country Invitational; Cedar City, Utah</b>			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Mountain Regional; Fort Collins, Colo.			

### VALPARAISO

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 10	Crusader Invitational; Valparaiso, Ind.	8K/34	4th/4	Adam Piskowky (9th/26:42), Ben Radke (20th/28:17), Richie White (22nd/28:35), Jason Douthett (23rd/28:38), Mike Brouch (24th/28:45)
Sept. 17	at Indiana Intercollegiates; West Lafayette, Ind.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 16	at UW-Parkside Invitational; Kenosha, Wis.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

### WESTERN ILLINOIS

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	WIU Early Bird Invitational; Macomb, Ill. 19:18),	6K/29	1st/3	Peter Christakos (1st/19:10), Tyler Berkmeier (2nd/19:13), Kyle Mikowski (3rd/ Trevor Birkmeier (4th/19:33), David Traphagen (5th/19:49)
Sept. 17	at Panther Invitational; Charleston, Ill.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 23	at Knox Invitational; Galesburg, Ill.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

# Mid-Con Women's Cross Country Team-by-Team Results



## CENTENARY

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 13	at Lumberjack Opener; Nacogdoches, Texas			
Sept. 25	at UALR Open; Little Rock, Ark.			
<b>Sept. 30</b>	<b>Red River Classic; Shreveport, La.</b>			
Oct. 4	at Northwestern State Invitational; Natchitoches, La.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			

## CHICAGO STATE

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at UIC Home Opener; Chicago, Ill.	2 Mile/35	4th/4	Jessica Turner (22nd/13:05), Le'Treya Parker (25th/14:03), Ebony Oliver (28th/14:13), Janina Mercado (30th/14:20), Kimberlee Mosley (31st/15:35)
Sept. 11	at Ted Hedstrand Invitational; Chicago, Ill.	5K/35	4th/5	Jessica Turner (17th/21:41), Janina Mercado (26th/22:36), Ebony Oliver (31st/23:14), Le'Treya Parker (34th/23:32), Kimberlee Mosley (47th/26:55)
Sept. 18	at Midwest Collegiate Invitational; Kenosha, Wis.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 8	at Eagle Cross Country Invitational; Lisle, Ill.			
Oct. 16	at UW-Parkside Invitational; Kenosha, Wis.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

## IUPUI

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Flyer 5K Challenge; Dayton, Ohio	500 Meters/68	5th/6	Erin Vickery-Swalley (15th/19:47), Lindsay Walsh (19th/20:08), Amanda Shike (28th/20:31), Megan Flynn (40th/21:00), Michelle Denham (51st/21:52)
Sept. 10	at Bradley Open; Peoria, Ill.	5K/118	7th/7	Erin Vickery-Swalley (16th/18:55), Lindsay Walsh (27th/19:21), Amanda Shike (31st/19:31), Megan Flynn (56th/20:19), Jennifer Braun (64th/20:48)
Sept. 17	at Indiana Intercollegiate; West Lafayette, Ind.			
Sept. 25	at Cross Country-Only Championship; Edwardsville, Ill.			
Oct. 2	at Cardinal Classic; Louisville, Ky.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

## UMKC

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Bob Timmons Invitational; Lawrence, Kan.	5K/69	4th/8	Christine Ensign (5th/19:35), Sara Hiller (24th/20:53), Paula Rice (29th/21:29), Holli Gureski (31st/21:49), Jessica Scott (33rd/22:07)
Sept. 11	at Wildcat Invitational; Topeka, Kan.	6K/65	5th/8	Christine Ensign (9th/22:59), Sara Hiller (14th/23:32), Holly Gureski (42nd/24:54), Paula Rice (46th/25:23), Jessica Scott (49th/25:35)
Sept. 18	at Missouri Southern Stampede; Joplin, Mo.			
Sept. 25	at Miner Invitational; Rolla, Mo.			
Oct. 9	at Saluki Invitational; Carbondale, Ill.			
Oct. 16	at Chili Pepper Invitational; Fayetteville, Ark.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

## OAKLAND

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
<b>Sept. 4</b>	<b>Golden Grizzly Open; Rochester, Mich.</b>	5K/	None	Dayna Cline (3rd/19:58), Amber Nagel (6rd/20:25), Laura Fischer (7th/20:30), Julie Austin (12th/21:27), Stephanie Pierce (19th/22:25)
Sept. 11	at Tommy Titan Invitational; Detroit, Mich.	5K/	8th/10	Dayna Cline (12th/19:28), Amber Nagel (21st/19:55), Kim Schultz (22nd/19:56), Luara Fischer (26th/20:07), Julie Austin (45th/21:05)
Sept. 17	at Spartan Invitational; East Lansing, Mich.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 8	at Michigan Intercollegiate; Milford, Mich.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

# Mid-Con Women's Cross Country Team-by-Team Results



## ORAL ROBERTS

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	at Bob Timmons Invitational; Lawrence, Kan.	5K/69	6th/8	Faithy Kamangila (1st/17:59), Mable Kunihiro (11th/ 20:12), Glennis Seldon (46th/ 22:17), Kara Cassel 51st/22:36), Theresa McLachlin (62nd/25:18)
Sept. 18	at Missouri Southern Stampede; Joplin, Mo.			
Oct. 2	at Cowboy Jamboree; Stillwater, Okla.			
Oct. 9	<b>Oklahoma Classic; Tulsa, Okla.</b>			
Oct. 16	at Chili Pepper Invitational; Fayetteville, Ark.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

## SOUTHERN UTAH

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 11	at UC Irvine Invitational; Huntington Beach, Calif.	5K/	4th/14	Alisha Bezanson (3rd/18:39), Amy Gochnour (18th/19:36), Maegan Schmutz (24th/ 19:44), Tawny Parks (28th/19:53), Val Reyes (44th/20:16)
Sept. 18	at Aztec Invitational; San Diego, Calif.			
Sept. 25	at Roy Griak Invitational; Minneapolis, Minn.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
Oct. 16	<b>SUU/Color Country Invitational; Cedar City, Utah</b>			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Mountain Regional; Fort Collins, Colo.			

## VALPARAISO

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 10	<b>Crusader Invitational; Valparaiso, Ind.</b>	6K/	4th/6	Rachael Button (11th/23:40), Rachel Nelson (16th/23:49), Jobeth Schmiesing (19th/24:03), Lisa Schroeck (21st/24:17), Heidi Nathan (24th/24:33)
Sept. 17	at Indiana Intercollegiate; West Lafayette, Ind.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
Oct. 2	at Loyola Lakefront Invitational; Chicago, Ill.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 16	at UW-Parkside Invitational; Kenosha, Wis.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Great Lakes Regional; Ypsilanti, Mich.			

## WESTERN ILLINOIS

Date	Event	Dist./Participants	Finish	Top Five Finishers (Place/Time)
Sept. 4	<b>WIU Early Bird Invitational; Macomb, Ill.</b>	4K/27	1st/3	Sarah Swain (1st/14:30), Karen Wartgow (2nd/14:37), Stephanie Abram (3rd/15:22) Beth Whalen (4th/15:23), Mary Scott (5th/15:30)
Sept. 17	at Panther Invitational; Charleston, Ill.			
Oct. 1	at Notre Dame Invitational. Notre Dame, Ind.			
Oct. 16	at NCAA Pre-Nationals; Terre Haute, Ind.			
Oct. 23	at Knox Invitational; Galesburg, Ill.			
Oct. 30	at Mid-Con Championship; Rochester, Mich.			
Nov. 13	at NCAA Midwest Regional; Peoria, Ill.			

# 2004 Mid-Con Cross Country Composite Schedule (Men and Women, unless noted)

## **Saturday, August 28**

Oral Roberts at Hurricane Cross Country Festival; Tulsa, Okla.

## **Saturday, September 4**

Chicago State at UIC Home Opener; Chicago, Ill.

IUPUI at Flyer 5K Challenge; Dayton, Ohio

UMKC at Bob Timmons Invitational; Lawrence, Kan.

Oakland hosts Golden Grizzly Open; Rochester, Mich.

Oral Roberts at Bob Timmons Invitational; Lawrence, Kan.

Western Illinois hosts WIU Early Bird Invitational; Macomb, Ill.

## **Friday, September 10**

IUPUI at Bradley Open; Peoria, Ill.

Valparaiso hosts Crusader Invitational; Valparaiso, Ind.

## **Saturday, September 11**

Chicago State at Ted Hedstrand Invitational; Chicago, Ill.

UMKC at Wildcat Invitational; Topeka, Kan.

Oakland at Tommy Titan Invitational; Detroit, Mich.

Southern Utah at UC Irvine Invitational; Huntington Beach, Calif.

## **Monday, September 13**

Centenary at Lumberjack Opener; Nacogdoches, Texas

## **Friday, September 17**

IUPUI at Indiana Intercollegiate; West Lafayette, Ind.

Oakland at Spartan Invitational; East Lansing, Mich.

Valparaiso at Indiana Intercollegiate; West Lafayette, Ind.

Western Illinois at Panther Invitational; Charleston, Ill.

## **Saturday, September 18**

Chicago State at Midwest Collegiate Invitational; Kenosha, Wis.

UMKC at Missouri Southern Stampede; Joplin, Mo.

Oral Roberts at Missouri Southern Stampede; Joplin, Mo.

Southern Utah at Aztec Invitational; San Diego, Calif.

## **Saturday, September 25**

Centenary at UALR Open; Little Rock, Ark.

IUPUI at Cross Country-Only Championship; Edwardsville, Ill.

UMKC at Miner Invitational; Rolla, Mo.

Southern Utah at Roy Griak Invitational; Minneapolis, Minn.

## **Thursday, September 30**

Centenary hosts Red River Classic; Shreveport, La.

## **Friday, October 1**

Southern Utah at Notre Dame Invitational. Notre Dame, Ind.

Valparaiso at Notre Dame Invitational. Notre Dame, Ind.

Western Illinois at Notre Dame Invitational. Notre Dame, Ind.

## **Saturday, October 2**

Chicago State at Loyola Lakefront Invitational; Chicago, Ill.

IUPUI at Cardinal Classic; Louisville, Ky.

Oakland at Loyola Lakefront Invitational; Chicago, Ill.

Oral Roberts at Cowboy Jamboree; Stillwater, Okla.

Valparaiso at Loyola Lakefront Invitational; Chicago, Ill.

## **Monday, October 4**

Centenary at Northwestern State Invitational; Natchitoches, La.

## **Friday, October 8**

Chicago State at Eagle Cross Country Invitational; Lisle, Ill.

Oakland at Michigan Intercollegiate; Milford, Mich.

## **Saturday, October 9**

UMKC at Saluki Invitational; Carbondale, Ill.

Oral Roberts hosts Oklahoma Classic; Tulsa, Okla.

## **Saturday, October 16**

Chicago State at UW-Parkside Invitational; Kenosha, Wis.

IUPUI at NCAA Pre-Nationals; Terre Haute, Ind.

UMKC at Chili Pepper Invitational; Fayetteville, Ark.

Oral Roberts at Chili Pepper Invitational; Fayetteville, Ark.

Southern Utah hosts SUU/Color Country Invitational; Cedar City, Utah

Valparaiso at NCAA Pre-Nationals; Terre Haute, Ind.

Valparaiso at UW-Parkside Invitational; Kenosha, Wis.

Western Illinois at NCAA Pre-Nationals; Terre Haute, Ind.

## **Saturday, October 23**

Western Illinois at Knox Invitational; Galesburg, Ill.

## **Saturday, October 30**

Mid-Con Cross Country Championship; Rochester, Mich.

## **Saturday, November 13**

Chicago State at NCAA Midwest Regional; Peoria, Ill.

IUPUI at NCAA Great Lakes Regional; Ypsilanti, Mich.

UMKC at NCAA Midwest Regional; Peoria, Ill.

Oakland at NCAA Great Lakes Regional; Ypsilanti, Mich.

Oral Roberts at NCAA Midwest Regional; Peoria, Ill.

Southern Utah at NCAA Mountain Regional; Fort Collins, Colo.

Valparaiso at NCAA Great Lakes Regional; Ypsilanti, Mich.

Western Illinois at NCAA Midwest Regional; Peoria, Ill.