



MEDIA RELATIONS

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Mid-Con announces Fall Academic All-Conference Team

ELMHURST, ILL. — With the first semester of the 2004-05 academic year in the books, the Mid-Continent Conference has announced its Academic All-Conference Teams for the fall season. A total of 208 Mid-Con student-athletes from the sports of men's and women's cross country, men's and women's soccer and volleyball were honored for their academic excellence.

Valparaiso led the way with a league-best 42 selections to the Academic All-Conference squad, edging out Centenary (30 recipients) for the top spot. Oakland landed 29 student-athletes on the academic list, followed by IUPUI with 25 recipients and Western Illinois with 24 selections. Oral Roberts (23), Southern Utah (15), Chicago State (11) and UMKC (9) also had student-athletes recognized for their academic achievements.

Of the 208 student-athletes that were honored, three have maintained perfect 4.00 grade point averages throughout their careers. Those student-athletes with perfect GPAs are Centenary senior **Kylie Garrett** (soccer), Oral Roberts senior **Stephen McCarthy** (soccer) and Southern Utah sophomore **Ashley Smith** (soccer).

In order for a student-athlete to be selected to the Academic All-Conference team, he/she must meet the following criteria: carry a 3.00 or better cumulative grade point average; achieve sophomore academic standing at the institution; and lettered in the sport in which he/she is nominated, in the season that corresponds with the selection of the award. Transfers, graduate students and junior college graduates must have completed one academic year at the nominating institution. True freshmen, redshirt freshmen and first-year transfers are not eligible for the award.

The Mid-Continent Conference is comprised of nine member institutions - Centenary College of Louisiana, Chicago State University, Indiana University-Purdue University Indianapolis (IUPUI), University of Missouri-Kansas City (UMKC), Oakland University, Oral Roberts University, Southern Utah University, Valparaiso University and Western Illinois University. The league offers championships in 19 sports.

The complete list of the 2004 Mid-Con Fall Academic All-Conference team follows on the next three pages.

2004 Mid-Continent Conference Fall Academic All-Conference Team

MEN'S CROSS COUNTRY

Name, School	Yr.	Major	Hometown
Steven Deas, Centenary	Sr.	Biology	San Antonio, Texas
David Reiland, Centenary	Sr.	Music	Shreveport, La.
Jeffrey Stotts, Centenary	Sr.	Biology	Garland, Texas
Richard Thomas, Centenary	Jr.	Mathematics	South Bend, Ind.
Brian Williams, Centenary	So.	Health & Exercise Science	Keithville, La.
Guillaume Kellogg, Chicago State	Sr.	English	Country Club Hills, Ill.
Wilson Koech, Chicago State	Sr.	Individualized Curriculum	Nairobi, Kenya
Mike Rannels, Chicago State	Jr.	Speech	Oak Park, Ill.
Gary Ward, Chicago State	Sr.	Mathematics/Secondary Education	Burbank, Ill.
Shawn Moore, IUPUI	Jr.	Environmental Health & Science	Indianapolis, Ind.
Andy Koziatek, UMKC	Sr.	Studio Art	Ballwin, Mo.
Shaun Walker, UMKC	Sr.	Electrical & Computer Engineering	Booneville, Ark.
Timothy Copacia, Oakland	So.	Mechanical Engineering	Shelby Township, Mich.
Christopher Fecek, Oakland	So.	Biology	Rochester Hills, Mich.
Luke Williams, Oakland	Sr.	Pre-General Studies	Wayland, Mich.
Prince Mumba, Oral Roberts	So.	Mass Media Communication	Lukasa, Zambia
Jonathan Rivers, Oral Roberts	So.	Exploratory	Broken Arrow, Okla.
Philip West, Oral Roberts	Sr.	Finance	Tulsa, Okla.
Brad Parker, Southern Utah	Sr.	Economic	Kearns, Utah
Aared Sampson, Southern Utah	Sr.	Physical Education	Highland, Utah
Chad Sanada, Southern Utah	Jr.	Chemistry	Reno, Nev.
David Iott, Valparaiso	Sr.	Electrical Engineering	Fort Wayne, Ind.
Jeff Johnson, Valparaiso	So.	Mechanical Engineering	Darien, Ill.
Matt Kariger, Valparaiso	So.	Math/Secondary Education	Plymouth, Ind.
Mike Landmeier, Valparaiso	So.	History	Saint Charles, Ill.
Jeremy Paul, Valparaiso	Sr.	Mechanical Engineering	Lodi, Ohio
Adam Piaskowy, Valparaiso	Sr.	Finance	Crete, Ill.
Trevor Birkmeier, Western Illinois	Sr.	Finance	Pekin, Ill.
Tyler Birkmeier, Western Illinois	Sr.	Finance	Pekin, Ill.
Zach Somers, Western Illinois	Sr.	Finance	Palatine, Ill.
Steven Wittleder, Western Illinois	Jr.	Law Enforcement/Justice Administration	St. Charles, Ill.

WOMEN'S CROSS COUNTRY

Name, School	Yr.	Major	Hometown
Stacy Nelson, Centenary	Jr.	English	Shreveport, La.
Holly Richardson, Centenary	Jr.	Psychology	Indianapolis, Ind.
Taylor Robertson, Centenary	So.	Accounting	Shreveport, La.
Gabrielle Fitzpatrick, Chicago State	Jr.	Criminal Justice	Chicago, Ill.
Leslie Ford, Chicago State	Sr.	Sociology	Detroit, Mich.
Le'Treya Parker, Chicago State	Jr.	Psychology	Greensboro, N.C.
Megan Flynn, IUPUI	So.	Nursing	Martinsville, Ind.
Erin Swalley, IUPUI	Sr.	Elementary Education	Avon, Ind.
Holly Gureski, UMKC	Jr.	Nursing	Shell Knob, Mo.
Julie Austin, Oakland	Jr.	Biology	Rochester Hills, Mich.
Kara Coraci, Oakland	Sr.	Communication	Macomb, Mich.
Kimberly Schultz, Oakland	Jr.	Elementary Education Candidacy	Vermillion, Ohio
Glennis Seldon, Oral Roberts	So.	Exploratory	Bellflower, Calif.
Alisha Bezanson, Southern Utah	Sr.	Finance	Cedar City, Utah
Maegan Schmutz, Southern Utah	Sr.	Family and Consumer Science-Nutrition	Cedar City, Utah
Joanne Borchert, Valparaiso	Jr.	Electrical Engineering	Waukesha, Wis.
Tami McDunn, Valparaiso	Jr.	Meteorology	Farmington, Minn.
Heidi Nathan, Valparaiso	Sr.	Management	Medford, N.Y.
Rachel Nelson, Valparaiso	Sr.	IECA/Spanish	Greenwood, Mo.
Danielle Nunnally, Valparaiso	So.	Biology/Chemistry	Valparaiso, Ind.
Kelly Owens, Valparaiso	Sr.	Biology/Chemistry	Highland Heights, Ky.
Jennifer Plaskota, Valparaiso	So.	Spanish	Naperville, Ill.
Kristin Popp, Valparaiso	Sr.	Exercise Science	Willmar, Minn.
Michelle Sexton, Valparaiso	Sr.	Psychology/Theology/Family Ministry	Hoffman Estates, Ill.
Carrie Waterman, Valparaiso	Sr.	Elementary Education	Wheaton, Ill.
Rachel Weide, Valparaiso	Sr.	Elementary Education	Fort Wayne, Ind.
Denise Herring, Western Illinois	Jr.	Political Science	Roscoe, Ill.
Amber Hussain, Western Illinois	So.	Communication	Round Lake Beach, Ill.
Darcy Pavlik, Western Illinois	Jr.	Law Enforcement/Justice Administration	Palos Heights, Ill.
Karen Wartgow, Western Illinois	Sr.	Kinesology	Belvidere, Ill.
Courtney Zueck, Western Illinois	Sr.	Special Education	Glenview, Ill.

2004 Mid-Continent Conference Fall Academic All-Conference Team

MEN'S SOCCER

Name, School	Yr.	Major	Hometown
Gregory Clarke, Centenary	Sr.	Economics	London, Ontario
Aaron Elrod, Centenary	Sr.	Economics	Little Rock, Ark.
John Goodloe, Centenary	Sr.	Health & Exercise Science	Little Rock, Ark.
John Hardin, Centenary	Jr.	Accounting	Kilgore, Texas
Donald Henderson, Centenary	So.	Business Administration	Houston, Texas
Jeffrey Krulin, Centenary	Sr.	Finance	Little Rock, Ark.
Michael Krulin, Centenary	Sr.	Biology	Little Rock, Ark.
Faustino Leon, Centenary	So.	Health & Exercise Science	Dallas, Texas
Jason Williams, Centenary	Sr.	Mathematics	Pflugerville, Texas
Jonathan Wright, Centenary	Jr.	Accounting	Little Rock, Ark.
Peter Brasovan, IUPUI	So.	Exploratory	Crown Point, Ind.
Jared Byczko, IUPUI	So.	Pre-Pharmacy	Merrillville, Ind.
Nathan Connor, IUPUI	So.	Business	Indianapolis, Ind.
Louis Kusic, IUPUI	Sr.	Computer Engineering	Fenton, Mich.
Gregory Pottorff, IUPUI	So.	Business	Munster, Ind.
David Rabb, IUPUI	So.	Accounting	Zionsville, Ind.
Matthew Roy, IUPUI	Sr.	Marketing/Management/International Studies	Westfield, Ind.
Michael Sullivan, IUPUI	Sr.	Business	Granger, Ind.
Nicholas Wilkinson, IUPUI	So.	Business	Brownsburg, Ind.
M.J. Serota, UMKC	Jr.	Med	Rockville Center, N.Y.
Matthew Connor, Oakland	Sr.	Accounting	East Lansing, Mich.
Marcus Halland, Oakland	Sr.	Accounting	Vikersund, Norway
Shahar Ktovim, Oakland	Sr.	Marketing	Holon, Isreal
Bret McNabb, Oakland	Sr.	Journalism	Cape Girardeau, Mo.
Danny Ng, Oakland	Jr.	Finance	Randolph, Mass.
Douglas Rice, Oakland	Sr.	Electrical Engineering	Brighton, Mich.
Ryan Rzepka, Oakland	Sr.	Accounting	Novi, Mich.
Joshua Slaughter, Oakland	So.	Computer Engineering	Troy, Mich.
Brady Vance, Oakland	So.	Undeclared	Traverse City, Mich.
Jeff Wiese, Oakland	Jr.	Financial Information Systems	Omaha, Neb.
Adam Allee, Oral Roberts	Sr.	Health/Exercise Science	Raytown, Mo.
Jonathan Ball, Oral Roberts	Jr.	Management	Bahamas
Noah Braun, Oral Roberts	Sr.	Elementary Education	Porterville, Calif.
Brett Herzog, Oral Roberts	Jr.	Biology	Freeburg, Ill.
Stephen McCarthy, Oral Roberts	Sr.	Pastoral Care Ministries	Endwell, N.Y.
Jason Nussbaum, Oral Roberts	Jr.	Biology	Tulsa, Okla.
Victor Hugo-Pena	Sr.	International Business	Santa Cruz, Bolivia
John Allendorf, Valparaiso	So.	Geography	Hobart, Ind.
Nathan Balfanz, Valparaiso	Jr.	Psychology	East Peoria, Ill.
J.J. Eschenburg, Valparaiso	So.	Finance/Sports Management	Edgewood, N.M.
Chris Goss, Valparaiso	Jr.	Mechanical Engineering	Battle Creek, Mich.
Nate Hyde, Valparaiso	Jr.	Mechanical Engineering	South Bend, Ind.
Mark Korba, Valparaiso	Sr.	Finance/Economics	Portage, Ind.
Jeff Oleck, Valparaiso	So.	Biology	Indianapolis, Ind.
Jeremy Stacy, Valparaiso	So.	History/Secondary Education	Grand Rapids, Mich.
Mark Wolka, Valparaiso	So.	Mechanical Engineering	Shelby Township, Mich.
Nick Bohnenkamp, Western Illinois	So.	General Orientation	Omaha, Neb.
Adam Johnson, Western Illinois	So.	General Orientation	Johnsburg, Ill.
Matt Knowlton, Western Illinois	So.	Biology	Mascoutah, Ill.
John Shepherd, Western Illinois	Sr.	Economics	Birmingham, Ala.
Andy Swentik, Western Illinois	Sr.	Physics	Marquette, Mich.
Jeff Wakeland, Western Illinois	So.	Finance	Bettendorf, Iowa

WOMEN'S SOCCER

Name, School	Yr.	Major	Hometown
Joanna Bunn, Centenary	So.	Health & Exercise Science	Flower Mound, Texas
Kylie Garrett, Centenary	Sr.	Communication	Spring, Texas
Heather Kasperek, Centenary	So.	Psychology	Broken Arrow, Okla.
Mindi Levinski, Centenary	Sr.	Biology	Allen, Texas
Ashlee Mantooh, Centenary	Sr.	Chemistry	Bryant, Ark.
Lindsey Stafford, Centenary	Jr.	Health & Exercise Science	Tyler, Texas
Rita Stevenson, Centenary	So.	Biology	Albuquerque, N.M.
Sarah Thompson, Centenary	Sr.	History	Grapevine, Texas
Lacey Barron, IUPUI	Sr.	Political Science	Omaha, Neb.
Renee Grant, IUPUI	So.	Elementary Education	Portage, Ind.
Nicole Hornyak, IUPUI	Sr.	Business	Valparaiso, Ind.
Jessica Mann, IUPUI	So.	Math Teaching	Greenwood, Ind.
Maggie Mistovich, IUPUI	Jr.	Marketing	Dyer, Ind.
Kathryn Reuter, IUPUI	So.	Biology	Indianapolis, Ind.
Jennifer Scorniaenchi, IUPUI	So.	Psychology	Indianapolis, Ind.
Samantha Sliney, IUPUI	So.	Communication Studies	Elkhart, Ind.
Christine Snyder, IUPUI	So.	Communication Studies	Greenwood, Ind.
Joan Vidimos, IUPUI	Jr.	Nursing	Chesterton, Ind.
Laura Cowham, Oakland	Sr.	Elementary Education	Caledonia, Mich.
Susann Kamrud, Oakland	So.	Anthropology	Trysil, Norway
Lindsey Mathus, Oakland	Sr.	Chemistry	Monroe, Mich.

2004 Mid-Continent Conference Fall Academic All-Conference Team

WOMEN'S SOCCER (CONTINUED)

Name, School	Yr.	Major	Hometown
Catherine Panabaker, Oakland	So.	Wellness Health Promotion Injury Prevention	Hamilton, Ontario
Silje Peltopera, Oakland	Jr.	Pre-Human Resource Development	Karasjok, Norway
Marianne Samdal, Oakland	So.	Communication	Tiller, Norway
Kristi Swaving, Oakland	Jr.	Wellness Health Promotion Injury Prevention	Albuquerque, N.M.
Kimberly Trehame, Oakland	So.	Psychology	Oakville, Ontario
Charissa Adelmann, Oral Roberts	Sr.	Mass Media Communication	Centennial, Colo.
Megan Agnew, Oral Roberts	So.	Exploratory	El Paso, Texas
Randi Christenson, Oral Roberts	Sr.	Mass Media Communication	Tulsa, Okla.
Gentry Detter, Oral Roberts	So.	Exploratory	Claremore, Okla.
Mandy Evans, Oral Roberts	So.	Exploratory	Cedar Rapids, Iowa
Jessica Kellogg, Oral Roberts	Jr.	Math Education	Tulsa, Okla.
Tayah Schroter-Gillespie, Oral Roberts	Jr.	Mass Media Communication	Calgary, Canada
Tamara Waller, Oral Roberts	So.	Exploratory	Sapulpa, Okla.
Keisha Wannamaker, Oral Roberts	So.	Exploratory	Murrietta, Ga.
Katie Baugh, Southern Utah	Sr.	Chemistry	Orem, Utah
Elizabeth Brooks, Southern Utah	Jr.	Physical Education	Ogden, Utah
Chaysie Christensen, Southern Utah	Sr.	Social Science	Farmington, Utah
Michelle Davis, Southern Utah	Sr.	Elementary Education	West Jordan, Utah
Megan Flowers, Southern Utah	Sr.	Physical Education	Eagle, Idaho
Danielle Lavigne, Southern Utah	So.	Athletic Training	North Ogden, Utah
Crystal Lyle, Southern Utah	Sr.	Biology/Forensics	St. George, Utah
Merilee Nicol, Southern Utah	So.	Psychology/Communication	Orem, Utah
Jill Shurtleff, Southern Utah	So.	Athletic Training	Sandy, Utah
Ashley Smith, Southern Utah	So.	Athletic Training	Nibley, Utah
Jen Bartels, Valparaiso	So.	Civil Engineering	Muskegon, Mich.
Kristin Dixon, Valparaiso	Jr.	Psychology/Sociology	Ortonville, Mich.
Kelly Faulkner, Valparaiso	Sr.	Middle Level Education	Plymouth, Minn.
Danielle Guerra, Valparaiso	Jr.	Independent Studies	Westville, Ind.
Lindsay Holley, Valparaiso	Sr.	Biology	Dayton, Ohio
Emily King, Valparaiso	Jr.	Theology	Colona, Ill.
Amy Miller, Valparaiso	Sr.	Elementary Education	Fort Wayne, Ind.
Allison Swanson, Valparaiso	Jr.	Elementary Education	Naperville, Ill.
Jennifer Wegehaupt, Valparaiso	So.	Psychology	Omaha, Neb.
Liberty Ziegahn, Valparaiso	So.	Exploratory	Anchorage, Alaska
Kathleen Burns, Western Illinois	Sr.	Elementary Education	Ann Arbor, Mich.
Carey Cowhey, Western Illinois	Jr.	Marketing	La Grange, Ill.
Tricia Johnson, Western Illinois	Jr.	Spanish	Champaign, Ill.
Katie Roman, Western Illinois	So.	Psychology	DeKalb, Ill.

VOLLEYBALL

Name, School	Yr.	Major	Hometown
Catherine Batte, Centenary	Jr.	Biophysics	Metairie, La.
Tracee Byrd, Centenary	Jr.	Health & Exercise Science	Long Beach, Miss.
Kelley Heckman, Centenary	Jr.	Psychology	Baytown, Texas
Stephanie Scanlan, Centenary	So.	Communication	Rockwall, Texas
Shakeila Castile-Jones, Chicago State	Jr.	Computer Science	Chicago, Ill.
Stacey Cole, Chicago State	Sr.	Criminal Justice	Waterdown, Ontario
Kelly Klotter, Chicago State	So.	Elementary Education	Westchester, Ill.
Natalie Spelman, Chicago State	Jr.	Elementary Education	West Chicago, Ill.
Tracy Bailey, IUPUI	Jr.	Biology	Jasper, Ind.
Erin Jones, IUPUI	Jr.	Biology	Columbus, Ind.
Michelle Sobocinski, IUPUI	Sr.	Art Education	Indianapolis, Ind.
Erin Carroll, UMKC	So.	Nursing	Raymore, Mo.
Kim Freeman, UMKC	So.	General Studies	Kansas City, Mo.
Angela Melka, UMKC	Jr.	Business Administration	Pewaukee, Wis.
Vanessa Portela, UMKC	So.	Political Science	Sao Paulo, Brazil
Kristy Waltermeyer, UMKC	Jr.	Liberal Arts	Huntington Beach, Calif.
Karen Conger, Oakland	Sr.	Accounting	Marysville, Mich.
Heather Lippert, Oakland	Jr.	Elementary Education	Walled Lake, Mich.
Katherine Lozier, Oakland	Sr.	Psychology	Clinton Township, Mich.
Sara Miller, Oakland	Sr.	Communication	Jackson, Miss.
Rebecca Moller, Oakland	Jr.	Biology	Columbiaville, Mich.
Brittany Arnold, Oral Roberts	So.	Exploratory	Tulsa, Okla.
Rebecca Brunelle, Oral Roberts	Sr.	Organizational Communication	Saskatoon, Canada
Kim Snow, Oral Roberts	So.	Exploratory	DeKalb, Ill.
Beth Cabernoch, Valparaiso	So.	International Business	Westmont, Ill.
Jessie Fox, Valparaiso	So.	Elementary Education	Granger, Ind.
Liz Mikos, Valparaiso	Jr.	History	Dundee, Ill.
Lindsey Moore, Valparaiso	Sr.	Chemistry/Psychology	Wakarusa, Ind.
Lauren Moulton, Valparaiso	Jr.	Art	Elgin, Ill.
Jessi Novak, Valparaiso	Jr.	Elementary Education	Antigo, Wis.
Valerie Cassens, Western Illinois	Jr.	English	Genoa, Ill.
Jamie Hastings, Western Illinois	Jr.	Elementary Education	Cary, Ill.
Kali Landis, Western Illinois	Sr.	Mathematics	Milledgeville, Ill.
Patty Melinauskas, Western Illinois	So.	Elementary Education	Orland Park, Ill.
Lisa Suellentrop, Western Illinois	So.	Psychology	St. Louis, Mo.